

By Invitation Only.

For skaters who have completed Rising Stars and are excited to advance into Figure Skating.

In the Junior Level your skater will be working on STAR 1 and 2, following the Skate Canada Program. These include:

- STAR 1 Freeskate: Jumps and Spins.
- STAR 2 Freeskate: Putting jumps and spins into a program choreographed to music.

STAR 1 Dance: Edges and Dance Steps.
STAR 2 Dance: Pattern dance (Dutch Waltz & Canasta Tango) learned to music and partnered.

- STAR 1 & 2 Skills: Edges and turns.

- STAR 2 Synchro: Block, line, circle or wheel.

How does this work?

Skaters will receive lessons from the Coaches in various formats such as private (individual), semi-private (groups of 2), and group (3 skaters or more.) When skaters are not in lessons they will practice individually.

These lessons are a separate fee that is not included in registration. Registration includes ice costs, club fees, and Skate Canada fees.

Parents will be asked at the start of the season to hand in a <u>lesson budget per month form</u> which are used to schedule lessons. Parents are then invoiced by each individual coach at the end of each month and must pay each coach.



Responsibilities of skaters:

Please come prepared to the arena with hair tied back, athletic clothing (no jeans or long scarves), and water. Show proper sportsmanship on and off the ice and be good role models of our sport.

Responsibilities of Parents:

Ensure your children get to the arena on time, be encouraging and patient with skaters, and work as a team with Coaching staff.

<u>Assessments:</u>



Assessments will be completed by Coaches for each skater when they are ready to pass a level and move up to the next level.

Example: When your skater is ready to complete STAR 1 Freeskate they will be formally assessed by the Coach and move on to STAR 2 Freeskate.

How and when do these happen?

Assessments are done during **regular lessons** and will generally cost one lesson fee plus the mandatory Skate Canada fee of \$12.00.

Parents will be **notified by Coaches when their skater is ready for an assessment. They must be paid for online.